

# Fresh Produce

## New Jersey-Grown Fruits & Vegetables Picked Daily

At Farms View, we grow a wide variety of fruits and vegetables that are non-GMO. Our produce is picked daily at our farm during the growing season, May through October (with some availability in November depending on weather conditions). This ensures fresh, delicious food from our Farm Market to your table!

## Our Produce Selection & Availability

During the summer, our homegrown produce is at its peak. You will find over 65 varieties of fresh vegetables and fruit picked daily. Because our produce is locally-grown, availability is seasonal and dependent on weather conditions.

## What's In Season?

Items listed in **bold RED text** and marked with a **\*\*** are currently in season.

Arugula

Basil

Beans

Beets

Broccoli

Cabbage, Red, Green

Cantaloupes

Carrots

Caulibroc (purple, cross between broccoli and cauliflower)  
Cauliflower  
Cilantro  
Corn ~ NEVER GMO, PICKED & SOLD SAME DAY!  
Cranberry Beans  
Cucumbers  
Dill  
Eggplant  
Flowers  
Garlic  
Garlic Scapes  
Kale  
Kohlrabi  
Leeks  
Lettuce  
Lima Beans  
Mesclun, Baby Greens  
Onions  
Parsley  
Peas  
Peppers  
Pickles  
Pumpkins ~ of all sizes  
Radishes  
Rhubarb  
Scallions  
Spinach  
Squash  
Squash, Cousa  
Squash Flowers  
Strawberries, Fresh-Picked  
Strawberries, U-Pick  
Sugar Snap Peas  
Swiss Chard  
Tomatoes

**Although not homegrown, the following items are also available:**

**Other Farm Market Items:**

**Cider**

**\*\*Fresh Baked Pies, Cookies, Breads, Scones...**

**Milk, Half & Half, Heavy Cream, Whipped Cream**

**Sip N Swirl ICE CREAM**

**Bread City Bread**

**Amish Butter (Salted & Unsalted)**

**\*\*Eggs**

**Fresh Mozzarella Cheese**

**Pickles, GROWN at Farms View, PICKLED by Patriot Pickle**

**\*\*Nicola's Pasta & Pesto**